



# Prostate Health

Good Herbs Prostate Health is made with pure unaltered chemical-free natural herbs that provide prostate health support. Prostate health is a leading concern amongst men especially men over the age of 40. Prostate Health contains a proprietary herbal blend of organic or wild-crafted herbs that help support a healthy prostate urinary system and sexual function for men.

## BENEFITS OF PROSTATE HEALTH

The prostate is a walnut-sized gland located between the bladder and the penis, and just in front of the rectum. The urethra runs through the center of the prostate, from the bladder to the penis, allowing urine to flow out of the body. Among several other important functions, the prostate filters and removes toxins for protection of the sperm, which enhances the chance of impregnation and ensures that men have optimum quality of sperm. Therefore, as we absorb and ingest more and more toxins in our foods and in the environment, the health of the prostate is affected because of the load with which it must deal to eliminate the toxins. An important function, as well, is that the prostate, which surrounds the upper part of the urethra tube just below the bladder, control the flow of urine, preventing it from leaving the bladder except when released by urination.

### Application:

- Supports a healthy prostate
- To promote a steady urine stream, or use if it is difficult to begin urination (in males)
- Use if a man is having to get up during the night to urinate
- Sexual dysfunction, erectile dysfunction or impotence that may be related to prostate Swelling
- May apply externally over the prostate area, first apply vitamin E oil as the tissues in this area are sensitive

### BUCHU

Removes excess fluid in the whole body, it stimulates and restores the kidney, combats catarrh (excessive secretions) of the bladder and has been useful in dissolving stones and gravel. It helps to relieve irritations of the bladder, kidneys and urethra by absorbing excess uric acid.

### STINGING NETTLE

According to the results of a study, extracts of stinging nettle roots have successfully helped enlarged prostate. Researchers gave a few teaspoons of the extract daily to 67 men over age 60 with enlarged prostate and found that the herb significantly reduced their need to get up at night to urinate.

### SAW PALMETTO

Helps stimulate, tones, and strengthens the male reproductive system. It supports the immune system and used for inflammation and swelling of the prostate gland. It is also used for male impotence and to improve the sex drive.

### Calendula

Anti-inflammatory linoleic acid is also found in high concentrations in calendula. Its powerful anti-inflammatory properties make it a potent remedy for all kinds of inflammation.

### Cat's Claw

The Amazon rainforest is considered a treasure trove of undiscovered medicinal plants. Indigenous peoples have long used cat's claw to treat inflammation, joints, stomach ulcers, and infections, and scientists believe this Peruvian vine holds great potential as a botanical therapeutic agent for human health.

### SHIITAKE MUSHROOM

Shiitake has been used and proven successful in clinical practice for strengthening the immune and endocrine functions. Shiitake is used for any depressed immune function including allergies and frequent colds.



SKU: USGH000005  
Herbal Supplement

## Supplement Facts

Serving Size: 2 mL (approx. 1/2 tsp or 40 drops)  
Servings per Container: 60

	Amount per Serving	%DV**
<b>Proprietary Herbal Extract Blend</b>	500 mg	**
(Buchu Leaf, Nettle Leaf, Saw Palmetto Fruit, Calendula Flower, Cat's Claw Bark, Shiitake Mushroom)		

\*\* Daily Values (DV) not established.

**OTHER INGREDIENTS:** Purified Water and Ethyl Alcohol. Percent Alcohol: 40% Ratio of herbs to solvent (grams herb/mL solvent): 1:4.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease