



# Adrenal Health

Good Herbs Adrenal Health is made with pure, unaltered, chemical-free natural herbs that provide support to one's adrenal glands. Your adrenal glands are in charge of producing hormones necessary for a wide-range of bodily functions; including your body's response to stress. Adrenal Health contains a proprietary herbal blend of organic or wild-crafted herbs that support your adrenal glands and promotes healthy energy levels.

## BENEFITS OF ADRENAL HEALTH

Adrenal Health is a wonderful formula that supports, strengthens and helps rebuild fatigued adrenal glands. It will also help with energy, help reduce stress levels, and will even help people lose unhealthy inches and pounds around the middle.

When an individual experiences stress for a prolonged time, the adrenal glands begin to produce excess cortisol. This "cortisol connection" to weight gain is quickly becoming an epidemic in our country.

Excess cortisol doesn't only affect weight gain. It can increase blood sugar and blood pressure levels, and decrease immune response and other issues. It is very obvious that excess cortisol is not good for the body.

It is important to understand, as well, that use of many of the prescription drugs available today (including diuretics and estrogen hormone therapy) can lead to increased cortisol levels.

**Holy Basil (*Ocimum sanctum*)** herb is wonderful for nourishing and supporting the adrenal gland. Research shows that it includes the potent COX-2 inhibiting anti-inflammatories. COX-2 is an inflammatory enzyme that triggers arthritic type pain. It balances hormones and helps maintain healthy cortisol levels.

Other benefits of Holy Basil:

- Improves digestion
- Supports immune system
- Promotes cardiovascular health
- Supports circulation, improves memory
- Promotes healthy respiratory system
- Promotes healthy eyes
- High in copper, necessary for proper iron assimilation
- Helps protect against free radicals and oxidation
- Promotes healthy liver function

**Chinese Licorice (*Glycyrrhizae uralensis*)** also helps balance blood sugar levels and strengthens adrenal function. It supports the bronchial and respiratory systems and is energizing but calming.

**Royal Jelly** also strengthens the immune system, is used in strengthening the adrenals. It is very high in pantothenic acid which is necessary for the adrenals to function properly. It also contains vitamins A, B1, B2, B6, B12, D, E, folic acid, nicotinamide, minerals and 18 amino acids.



SKU: USGH000001  
Herbal Supplement

### Supplement Facts

Serving Size: 2mL (approx. 40 drops)  
Serving per Container: 60

	Amount per Serving	%DV**
<b>Proprietary Herbal Extract Blend</b>	<b>500 mg</b>	<b>**</b>
(Chinese Licorice Root, Holy Basil, Royal Jelly)		

\*\* Daily Values (DV) not established

**OTHER INGREDIENTS:** Purified Water and Ethyl Alcohol. Percent Alcohol: 40% Ratio of herbs to solvent (grams herb/mL solvent): 1:4

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease